



new  
horizons  
SHELTER & OUTREACH CENTERS

## **2018 Annual Report**

Dear Friends,

You may recall that we finished out the year of 2017 by exploring ways to improve our shelter services and that we vowed to carry the work over into this year. Well, that we did! In 2018, we took a hard look at our entrance procedure to our shelter program. We focused on the needs of those facing imminent danger in their abusive situation and placed those first within our shelter program. Ultimately, this meant that we had fewer people in shelter, but we kept those needing the safety and security of an undisclosed location protected.

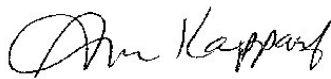
We joined forces with the Mayor of La Crosse and a few members from the La Crosse County Domestic Abuse and Sexual Violence Task Force to begin looking at a middle school curriculum on teaching students about domestic abuse and sexual violence. This task continued as a work in progress throughout the year.

Additionally, we participated in the Wisconsin Coalition Against Sexual Assault's Program Development Initiative, in which we took a deep dive into our sexual assault program and services. What we were excelling at, where did we need growth? We found needed changes and we began to make them!

2018 marked the 40th anniversary of New Horizons provision of safety and services to adults and families who have experienced domestic and sexual abuse in their lives. We continue to assist victims and survivors of abuse so that they can make decisions about their lives in a supportive, nonjudgmental and empowering atmosphere.

It is through your generosity and belief in our mission that we are able to perform the work we do. We are deeply grateful for your partnership.

Together we are saving lives!



Ann Kappauf

Executive Director



# Advocating Against Domestic & Sexual Abuse

## Shelter

We provide a safe home for women, children and men who are victims of domestic abuse, sexual violence, and human trafficking. A highly trained and experienced crisis advocate is available 24-hours per day, seven days per week to assist with crisis counseling, safety planning and empowerment.

## 24-Hour Crisis Line

We provide a caring ear, information, referrals, safety planning, options counseling, and emergency assistance to victims and survivors of abuse, as well as to their family and friends who may be concerned about them. We believe our 24-hour crisis line is the central access point for all of our services

## Advocacy

Our team of advocates support victims and survivors of abuse so that their individual choices can be heard and implemented. We provide a safe and confidential place that is beneficial for their healing process.



## Support Groups

Several groups are held weekly for adults and/or children and youth in La Crosse and Trempealeau Counties.

## Youth & Family Advocacy

We believe the future cycle of abuse can be broken and we believe it begins with our youth. We provide and teach children and youth about healthy relationships, consent, anti-oppression, bullying and communication of their needs and emotion without aggression toward others.

## Counseling

We promote the emotional and psychological healing from abuse with free and confidential therapy provided by our licensed therapist. Victims and survivors of abuse may choose individual and/or group therapy sessions.

## Legal Advocacy

We can provide victims and survivors with information and referrals on orders of protection, divorce process, custody, Criminal court and immigration. We are not attorneys and cannot give advice. However, we can prepare individuals on what to expect in court and if available, attend court with them.

## Community Education

We provide education and awareness regarding domestic and sexual abuse, stalking, human trafficking, healthy relationships, boundaries, safety planning, our services and more to the community, schools, social clubs, service clubs etc. in our service area.

# Our Impact

## Our Vision

To be a leader in promoting a community culture free of abuse where mutual respect and inclusiveness thrive.

## Our Mission

New Horizons Shelter and Outreach Centers provide safety and services to adults and families who have experienced domestic and sexual abuse so that they can make decisions about their lives in a supportive non-judgmental and empowering atmosphere. We promote the concepts of non-violence and equality through intervention, prevention and education.

## Our Philosophy

New Horizons Shelter and Outreach Centers oppose all forms of dominance over others. We support the right of people of all ages regardless of gender, sexual orientation, race, color, religion, national origin, social class or differing abilities to live without fear, abuse and violence. We believe batterers must be held accountable for their actions and that systems must be responsible to the victim.

## Collaboration

Team members are active in community projects which include but are not limited to: Domestic Abuse and Sexual Assault Coordinated Community Response Teams, Task Force to Eradicate Modern Slavery, The Family Policy Board, Local Continuum of Care, Domestic Violence Court, and One Billion Rising.

## Who We Served in 2018

- Sheltered 206 women, children and men for 10,610 nights
- Average of nights per individual was 51
- Of those sheltered: 56% self-identified as White/Caucasian; 23% self-identified as Black/African American; and 8% as Multi-Racial
- 66% originated from La Crosse County
- **Shelter use down 22% from 2017**
- 2,937 calls to our 24-hour crisis line
- **Crisis calls up 14% from 2017**
- In total, 1,507 individuals utilized our programs and services
- 80% were female
- 72% were between the ages of 25 and 59
- 69% self-identified as White/Caucasian; 10% self-identified as Black/African American; 4% self-identified as Asian and 6% as Latina
- 80% originated from La Crosse County
- 49% of those from La Crosse County originated from the city of La Crosse
- **Overall service is down 1% from 2017**



# 2018 Financial Statement

## Revenue

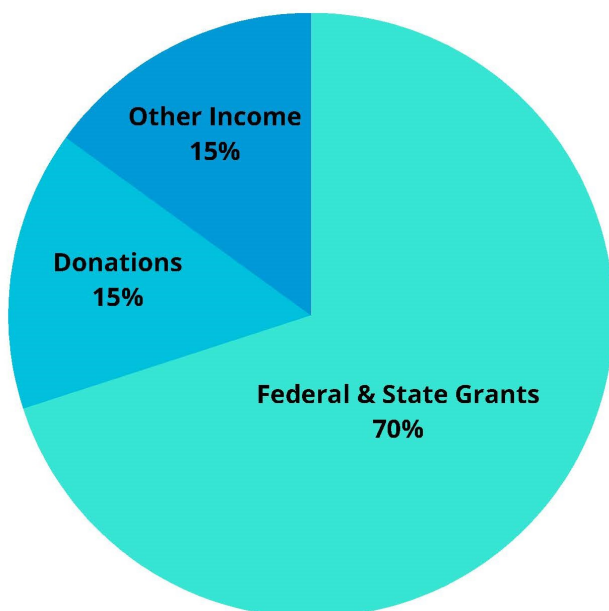
Federal and State Grants	\$876,925
Other Income	\$192,381
Donations	<u>\$192,301</u>
<b>Total Revenue</b>	<b>\$1,261,607</b>

## Expense

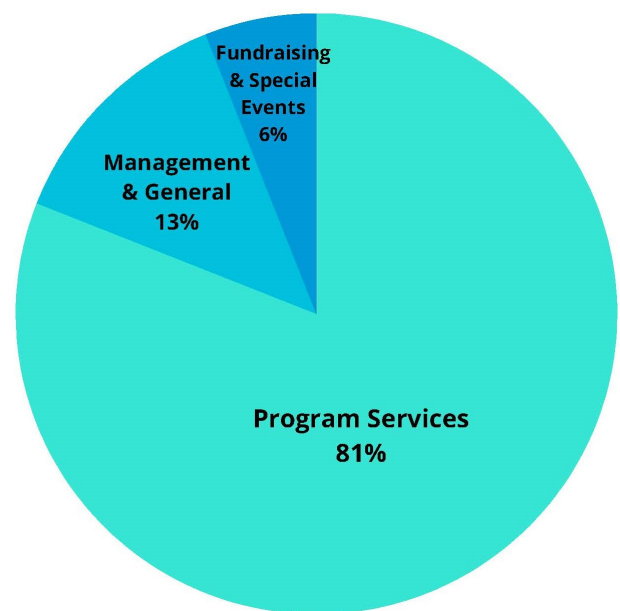
Program Services	\$1,000,845
Management & General	\$ 162,843
Fundraising & Special Events	<u>\$ 76,696</u>
<b>Total Expense</b>	<b>\$1,240,384</b>

Surplus: \$21,223

## Revenue



## Expenses



# The Team That Makes It Happen

## **Board of Directors**

Terri Urbanek, Chair

Phillip Martin, Secretary

Steve Michaels, Vice Chair

Kate Tomten

William Berg

Olivier Jensen

Carol Robertson

Dan Roemhild

## **New Horizons Staff**

Ann Kappauf, Executive Director

Maddie Smith, Volunteer Coordinator

Betty Benford, Resource Advocate

Kim Jones, Sexual Assault Advocate

Amanda Dotson, Associate Director

Corinne Billet, Trauma Specialist

Renee Jacquet, Legal Advocate

Ellen Oligney, Resource Advocate

Rita Carranza, Victim Services Coordinator

Patty Nuttleman, Development Director

Lynda Crowley, Anti-Human Trafficking Advocate

Andrew Rasmussen, Culturally Responsive Advocate

Stephanie Moore, Crisis Advocate

Karen Knox, Administrative Assistant

Sherri Larsen, Lead Crisis Advocate

Brenda McCormick, Crisis Advocate

Sally Miller, Domestic Violence Advocate

Erica Borde, Crisis Advocate

Xia Moua, Multi-Cultural Advocate

Jackie Ortmeier-Crance, Anti-Human Trafficking Advocate

Jen Scaccio, Youth & Family Advocate

Arlette Rodriguez-Miller, Diversity Advocate

Morgan Fox, Crisis Advocate

Luke Wenzel, Facilities Manager

Yer Xiong, Multi-Cultural Advocate

Abby Barickman, Crisis Advocate

Valerie Rosborough, Crisis Advocate

